



Hospice Wellington Presents: Grief Education Workshops



This workshop is a gentle introduction to grief and bereavement. Grief often seems overwhelming and unbearable. No two people are alike in grief. We all struggle to understand ourselves and the world around us in the face of profound loss. This workshop will cover the emotional, mental, physical, spiritual and social aspects of grief. Everyone is welcome to attend.

The workshops are open to the public and there is no cost to attend. **Registration is required.** Please contact Wendy to reserve a spot at (519) 836-3921, ext. 212 or info@hospicewellington.org.

Thursday, July 18
1:00-2:30 pm

Mount Forest Family Health Team
525 Dublin Street, MOUNT FOREST

Tuesday, July 23
1:00-2:30 pm

Little Falls Business Centre
245 David Street North, FERGUS

Tuesday, July 23
6:00-7:30 pm

Hospice Wellington
795 Scottsdale Drive, GUELPH

Tuesday, Aug 13
1:00-2:30 pm

St. John's Anglican Church
115 Main Street South, ROCKWOOD

Tuesday, Aug 20
1:00-2:30 pm

Upper Grand Family Health Team
143 Metcalfe Street, ELORA

Tuesday, Aug 27
6:00-7:30 pm

Hospice Wellington
795 Scottsdale Drive, GUELPH